Ira Helfand

Ira Helfand, MD, has decades of experience working to lessen the danger of nuclear war and to strengthen efforts to eliminate nuclear weapons.

He is a member of the International Steering Group of the International Campaign to Abolish Nuclear Weapons, ICAN, the recipient of the 2017 Nobel Peace Prize, and Past President of the International Physicians for the Prevention of Nuclear War, the founding partner organization of ICAN and itself the recipient of the 1985 Nobel Peace Prize. He is also co-Founder and Past President of Physicians for Social Responsibility, IPPNW's US affiliate, and is a member of the Steering Committee of the Back from the Brink coalition.

He represented ICAN at the Oslo and Nayarit Conferences on the Humanitarian Impact of Nuclear War, and in September, 2015, he addressed a special session of the United Nations General Assembly. In May, 2016, he chaired the session on the humanitarian consequences of nuclear war at the United Nations Open Ended Working Group meeting in Geneva that led to the successful negotiation of the Treaty on the Prohibition of Nuclear Weapons in the summer, 2017. On September 20, 2017, he represented IPPNW at the signing ceremony for the Treaty.

He has published studies on the medical consequences of nuclear war in the world's leading medical journals including the New England Journal of Medicine, the British Medical Journal, the Lancet and the World Medical Journal, and has lectured widely in the United States, and in India, China, Japan, Korea, Russia, South Africa, Israel, Pakistan, Mexico, Brazil, Columbia, and throughout Europe on the health effects of nuclear weapons.

Dr. Helfand was educated at Harvard College and the Albert Einstein College of Medicine. He is a former chairman of the Department of Emergency Medicine and President of the Medical Staff at Cooley Dickinson Hospital, and practiced as an internist and urgent care physician at Family Care Medical Center in Springfield, Massachusetts until his retirement in 2021.

Consulting rate: \$300 for first 30 minutes. For a 30-minute Zoom call, send an email with subject "Ira Helfand" to paul@paulharris.org or call 1 (508) 656-0462.